

40 Days of Scripture In Lent



We spend much of our lives running from one event to another. Rarely do we step aside and listen for God to speak directly to us. Take this 40-day retreat and dedicate yourself to hearing from Jesus. Ask God to make dramatic changes in your life, and be diligent in spending time each day in a quiet place reserved for God. Follow the seven suggested steps below each day as you move through these important New Testament passages.

READINGS

1. Romans 12:1-2
2. James 1:1-12
3. James 1:13-18
4. James 1:19-27
5. James 2:14-20
6. James 3:13-18
7. James 4:6-12
8. Luke 18:10-14
9. 1 Corinthians 12:12-27
10. Ephesians 1:15-19
11. Ephesians 2:4-10
12. Ephesians 5:1-5
13. Ephesians 5:6-20
14. Luke 15:11-32
15. Revelation 3:2-5
16. Philippians 3:12-16
17. Philippians 4:4-9
18. Revelation 3:8-11
19. Colossians 2:16-23
20. Colossians 3:1-11
21. Colossians 3:12-17
22. Luke 11:29-36
23. 2 Peter 1:5-11
24. Acts 13:42-52
25. John 8:1-19
26. 1 John 2:1-6
27. 1 John 2:7-11
28. 1 John 2:15-17
29. 1 John 3:1-3
30. 1 John 3:17-24
31. 1 John 4:7-2
32. 1 John 5:1-6
33. Matthew 14:25-33
34. Matthew 5:21-24
35. Matthew 5:27-30
36. Matthew 5:33-37
37. Matthew 5:38-42
38. Matthew 6:19-34
39. Luke 14:25-35
40. Revelation 2:1-4

REFLECTIONS

1. Find a quiet place and an unhurried time to spend some quality time with God. Begin by asking God to join you in this special time.

2. Step outside your immediate concerns for the day and focus your attention on knowing Jesus and seeking his guidance.

3. Read the passage of the day slowly. Notice what stirs in you as you read this passage.

4. Read the passage again, slowly. Look for a word, phrase, or thought that God seems to be highlighting for you and your life.

5. Meditate on that message and ask God, "What are you inviting me into in light of this passage?"

6. Write down the impression you have from this passage. It may be helpful to keep a journal of each day's thoughts.

7. Take a deep breath and rest with God, noticing how Jesus' message lingers with you for the day.